# EYEBROWS AFTERCARE

**Aftercare compliance is especially important for producing a beautiful and lasting result.**

**Please follow the guidelines as instructed by your technician to obtain the best results.**

o No water, cleansers, creams, makeup, or any other products on treated area for 10 days or until all peeling is done.

* Keep the area lightly moist using a Q-tip with sterile Aquaphor (very lightly and not overly greasy). Apply as needed ONLY when it feels dry or itchy.
* Expect slight swelling and a little redness in the immediate area. This will subside in a few hours. o
* If slight crust appears on the pigmented surface, do not force removal by picking or scratching. o
* Don’t be alarmed if color comes off on the Q-tip when applying the ointment -- this is normal. o
* Avoid hot, steamy, long showers (leave the door cracked opened if you are able to). o
* Avoid working out for the next 7-10 days or until all scabbing has completed. o
* No makeup on or around the brow area during the healing process. o
* Avoid tinting of brows for 3 weeks following the procedure.
* The procedure may have some peeling on or around the 4th day. This is a normal process of healing for some clients. **DO NOT PICK! Picking can cause scarring and loss of color.**
* Avoid sun for 7 to 10 days following the procedure. It is suggested to wear a hat if you are expected to be out in the sun for a long period of time. Do not let the brim of the hat touch your brow area.
* Be mindful of how you sleep, if you can avoid sleeping on your side or stomach, it is suggested to do so. Sleeping on your back is recommended.
* Avoid chlorine pools, saunas and Jacuzzis, hot yoga, hair dryers, and any steam-like environment etc. o
* Avoid Retin A, Renova, Alpha Hydroxy, Glycolic Acids, Aloe, and Vitamin E products. o
* No Gardening for the first 3 to 4 days to prevent possible infection.
* If you are planning a chemical peel, MRI, or other medical procedures inform them that you have had an iron oxide cosmetic tattoo.
* You must wait 1 year after any tattoo to give blood. This is state specific – you can check on the American Red Cross to see the rules for your state.
* Lasers can cause pigment to turn black. Avoid the procedure site.
* After you have healed, use a good sunscreen daily to help prevent premature fading of all procedures (wait to do this after your touch up session).
* If any signs of infection occur, abnormal swelling, redness or pain associated with the procedure, call your physician and please give us a call.

**The application of permanent cosmetics can be a 2 to 3 step process. Do not judge your procedure while in the healing stage. It may require a touch up or multiple touch--ups as everyone heals differently. The procedure area has to heal completely before we can address any concerns. Healing takes about 4 weeks.**

